

Matanzas, Puerto Principe, and Santiago de Cuba respectively. They, as well as myself, entertain very great veneration for our teachers, and I should especially mention Miss O'Donnell, who was my teacher, and more, my good and kind friend, who with her advice gave me strength to face the sad scenes of the hospitals at the beginning of my professional studies. To this pure and noble woman I am indebted for what little I am, and if I have not achieved, the fault is not hers, but my own insufficiency.

I ask your pardon for having spoken in such an affectionate manner of my teacher, my friend, and my counsellor; but I cannot allow this occasion to pass without expressing publicly my gratitude to Miss O'Donnell.

I do not need to give an account of the organisation and operation of the work of the Sanitary Nurses, because Miss Hibbard, who will speak of them, besides the talent and culture which she possesses, is the Directress of that School, and no one could, therefore, do it so competently.

I do not claim that the Schools for Nurses in Cuba are organised in a perfect manner. There are certain shortcomings which the Director of Charities, Dr. J. M. Plá, intends to correct, in order that the schools may be complete, and with respect to these reforms much depends on my observations and studies here.

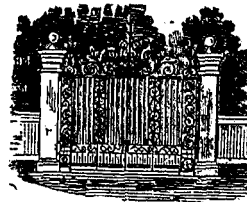
It only remains for me now to thank you for the kind attention with which I have been heard, and for the courtesies which you, my dear co-workers, have shown me, giving once more proof of the generous sentiments which you are accustomed to bestow on the sick, which is evidence that you are inspired by the spirit of that great woman who established on a scientific and pious basis the Schools for Nurses and the Red Cross Society, Miss Florence Nightingale.

Wincarnis.

Wincarnis is well known to nurses as a useful restorative and tonic, not only in acute illness but in prolonged convalescence, when the diet is largely in the nurse's hands, and it often exercises all her ingenuity to stimulate the flagging appetite. Under these circumstances Wincarnis not only acts as a tonic and dietetic stimulant, but also possesses nutritive value, as it is a malt and meat wine, containing all the most valuable principles in Liebig's Extract of Meat. It is not so generally known that with the addition of soda water, or some other mineral water, it is a refreshing and agreeable beverage, and that it may be obtained in this form at hotels and railway station refreshment bars. This combination of a mild alcoholic stimulant with extracts of cereals and meat in a concentrated form is approved by numerous members of the medical profession as of tried value, and as such we commend it to the attention of our readers. The sole proprietors are Messrs. Coleman and Co., Ltd., Norwich and London, the London Office being at 113, Fenchurch Street, E.C.

Outside the Gates.

WOMEN.



The King has, on the recommendation of the Lord Lieutenant, appointed the Marchioness of Londonderry to be a member of the First Senate of the Queen's University at Belfast.

The autumn session of the Women's Suffrage Societies has opened in a very militant spirit, and the Prime Minister is now competing with the Tsar of All the Russias for police protection. It is reported that 900 police, including 20 mounted men and an army of private detectives, were on duty in Birmingham to pilot him safely through the Bingley Hall meeting. At Lympne Castle, his holiday residence, special police precautions are taken to prevent the personal attentions of Suffragettes. Six plain clothes police officers, including some from Scotland Yard, are detailed for special duty in the village, and a motor car containing detectives follows in his wake. The Prime Minister of this land of boasted liberty can not even say his prayers in peace in a public place of worship!

Speaking at the opening At-Home of the Social and Political Union at St. James's Hall, London, Miss Christabel Pankhurst, when decorating with medals those members released from prison through a "hunger strike," exclaimed: "How wonderful these women are, and how proud they ought to be at having put the Government in such a serious difficulty! The hunger strikers had provided the way which would unlock the thickest prison door. The Government were considering how to solve the problem; but the only way they could solve it was by giving them the vote." The Woman's Suffrage movement in this country is no longer an agitation—it is a revolution, and one which can only be quelled by justice. Let the Government see to it that justice is done.

The Home Secretary has signified to the Council of the Royal College of Surgeons his decision to approve the by-laws regarding the admission of women to the examinations for the diplomas of the Royal College of Surgeons. He has further expressed his willingness to sign the formal document which is to be submitted after the next meeting of the Council of the College on October 14th. It is understood, however, that it will be possible to complete the necessary formalities in time for women to enter for the examinations of the Royal College to be held in January next. Women are excluded by the new by-laws from taking part in the government of the Royal College of Surgeons, although they are to be graduates of it.

The Society of Women Journalists held a charming reception at the Waldorf Hotel, Strand, on Tuesday afternoon, to meet members of the International Conference of the Press. Everyone was very gay and the refreshments were excellent.

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